

Option 1

Learning Hub Limerick & Daisyhouse Housing Association



Learning Hub Limerick

Focus: Educational services for those most in need of support

About

The Learning Hub provides a safe welcoming learning space for young people. They match young people with Learning Buddies, volunteers from third level, who offer their time, expertise and enthusiasm to support each of the Hubs of learning, Health, Art, Digihub, Story Hub, Music and Science Hubs.



Daisyhouse Housing Association

Focus: provide secure, affordable, supported accommodation to homeless women

About

Daisyhouse believe that women who are 'hidden homeless' are not counted in official numbers by staying with friends or family to escape various situations. They support individuals to break the cycle of homelessness and help identify the issues which led to them becoming homeless in the first place. They strive to ensure that these women have the skills and confidence to move into independent living and to become contributing members of society.

Option 2

The Abbey Theatre & Irish Refugee Council



Abbey Theatre

Focus: Arts and Culture

About:

The Abbey is Ireland's National Theatre founded in 1904 by W.B. Yeats and Lady Gregory. It has served as a hallowed stage for renowned actors, writers, and directors producing cultural treasures and theatrical works. The Abbey effectively and imaginatively engage with all of Irish society through the production of ambitious, courageous theatre in all its forms.

Some Current National Projects:

- A collaboration with the Lyric Theatre in Belfast to develop a production of *Translations*.
- Young Curators: a unique training ground for those with a passion for theatre aged between 18 and 25.
- Bereavement Project: a series of workshops dedicated to helping trainee obstetricians and gynaecologists explore better communication and care for mothers who experience stillbirth. This project is conducted in partnership with the Royal College of Physicians, Féilecáin and Patient Focus.



Irish Refugee Council

Focus: Refugee Services and Support

About:

Irish Refugee Council (IRC) provide services and support for people seeking protection and people recognised as refugees in Ireland and advocate for humane and dignified protection procedures and responses to people fleeing persecution.

Services include:

- Drop-in Centre: offer assistance and advice relating to the asylum process, direct provision, and family reunification.
- Law Centre: meet the unmet legal needs of people seeking international protection in Ireland in a strategic manner, promoting and delivering early legal advice and representation to people from the early stages of the asylum process.
- IRC also provide legal representation to people with refugee status and people granted subsidiary protection in their applications for family reunification.

The Irish Refugee Council is a recipient of the first grant round for The Ireland Funds Ukrainian Relief Fund to fund 2 part time Ukrainian case workers.

Option 3

Sensational Kids & 174 Trust



Sensational Kids

Focus: Therapy for Children

About:

Sensational Kids is a high impact organisation delivering life-changing, accessible and affordable, timely interventions to 9,000+ children of all abilities over the last 10 years, saving their families over €2 million in therapy fees. Sensational Kids employs 30+ staff, including a highly skilled clinical team across child development centres in Kildare, Mayo, Monaghan and West Cork. Therapy services include: occupational therapy, speech and language therapy, online therapy, educational psychological assessments, play therapy, hearing tests, and specialist reading teachers.



174 Trust

Focus: Non-denominational Christian cooperation and awareness

About:

The Duncairn Centre for Culture and Arts, which opened in May 2014, provides a base for 174 Trust to fulfil their aims and objectives which is to provide a genuinely 'shared space' for people of all ages from the Protestant and Catholic communities to participate in a varied programme of activities.

As an award-winning facility, it has made a vital contribution towards the cultural, social, political and economic rebirth of this part of the city. The Duncairn has been invaluable in showcasing, supporting and developing the work of emerging local artists, and continues to grow with each new month. The shared space and community ethos of the centre has provided a place for 174 Trust groups and projects to expand and develop, helping them to accomplish their goal of building a strong, just & peaceful society.

Option 4

Dogs for the Disabled & Safe Ireland



Dogs for the Disabled

Focus: Disability Services

About:

Dogs for the Disabled provide assistance dogs for physically disabled adults and children. It takes two years to fully train each assistance dog. Each assistance dog is trained to meet the specific needs of the intended client. Tasks range from opening doors, retrieving objects, sending for help to helping children to walk etc. The dogs are supported by the organisation from birth to retirement. Dogs for the Disabled deliver approximately 25 fully trained assistance dogs to service users. They have 5 core staff and a team of volunteers. Programmes include the Assistance Dog Stability Programme for Children and an initiative with the Irish Prison Service whereby inmates are actively involved in taking care and training of their pups.



Safe Ireland

Focus: Domestic Violence

About:

SAFE Ireland's priority is to end domestic violence and make Ireland the safest country for women and children. It is involved in services which include:

- Informing public policy through evidence-based guidance.
- Increasing public awareness through campaigns, creating dialogue and encouraging creative and innovative thinking about solutions.
- Providing frontline services by directing specialist domestic violence services for women and children including refuge (primarily for women living around Mayo).
- Providing training to corporate and NGO organisations on coercive control and domestic violence.

Option 5

Midland Science & Depaul



Midlands Science

Focus: STEM programmes for schools

About:

Midlands Science aims to create greater interest in STEM [Science, Technology, Engineering & Maths] education and skills among students, teachers and members of the public in the Midlands. Their reach is over 16,000 people directly per annum and their work has been independently and positively evaluated and found to be impactful, creative and innovative. They make a particular effort in all projects to engage with those from lower socio-economic backgrounds, as they are the least likely to engage with STEM outreach.



Depaul

Focus: Homelessness Services

About:

Depaul offer homeless and disadvantaged people the opportunity to fulfil their potential and move forward towards an independent and positive future. Services available include:

- An Cosán Nua: an inter-county Depaul Service which supports people in Direct Provision who have received their status, have the right to remain in the country and now are ready to move on from Direct Provision.
- Foyle Haven Day Centre which supports adults who are experiencing homelessness, addiction, poor mental health or social isolation.
- Family Floating Support where a family is appointed a support worker who will work with them to create and implement a personalised support plan depending on their families' individual needs.

Depaul is a recipient of the first grant round of The Ireland Funds Ukrainian Relief Fund to fund the essential support, child focused developmental needs and community integration of Ukrainian refugees.

Option 6

Off-site Visit to Irish Men's Sheds Association & Native Woodland Trust

Suitable flat shoes recommended for these visits.



Irish Men's Sheds Association

Focus: Community Development Project

About:

Men's Sheds is a community based project, where men can come together to learn, share skills and make long-lasting friendships together. Its aim is to decrease social isolation, enhance self esteem and increase access to specific information about health. Ireland has become one of the leading nations for Men's Sheds in recent years, with Ireland having the most sheds per capita. Currently, there are over 450 sheds in Ireland, with at least 10,000 men visiting a shed every week. All sheds are independent and self-autonomous, and the range of activities carried out by sheds differ from the next. Most sheds engage in activities such as woodwork, gardening, carpentry and community work. However, there are more special interest sheds that focus on things like music, fishing and restoration work.



Native Woodland Trust

Focus: Nature Preservation

About:

The Native Woodland Trust is dedicated to the preservation of Ireland's remaining ancient woodlands. They are also committed to the restoration of Ireland's original climax ecosystem, through the re-creation of woodlands, using only native seed. Their aims and principles were created of careful consideration to scientific best practise and the complex needs of landscape management in Ireland. The Trust was setup to protect the existing forests as its primary aim. Its secondary aim is to replant forests using only native seed from Ireland and preferably within a few miles.